

MARROW

Marrow Brandy

'A recipe I was given to get rid of all the old marrows. Whether genuine or not, it's worth a try!'

Ingredients:

1 marrow
brown sugar

Method:

Remove stalk end of marrow two inches from the top. Scoop out all the seeds, leaving as much of the fleshy part as possible. Fill the inside of the marrow with brown sugar. Replace the top with skewers. Place in the leg of a woman's tights. Remove the woman first. Hang over a bowl to decompose. End result- marrow brandy.

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